

1st February 2022



**FORREST LITTLE GOLF CLUB**  
**LADIES RED COURSE 18 HOLES**

**Course Rating 72.3      Par 73      Slope 124**

Handicap Index	Course Handicap	95% Playing Handicap	Handicap Index	Course Handicap	95% Playing Handicap
+5.0 to 4.2	+5	+5	26.0 to 26.8	29	28
+4.1 to +3.2	+4	+4	26.9 to 27.7	30	29
+3.1 to +2.3	+3	+3	27.8 to 28.7	31	29
+2.2 to +1.4	+2	+2	28.8 to 29.6	32	30
+1.3 to +0.5	+1	+1	29.7 to 30.5	33	31
+0.4 to 0.4	0	0	30.6 to 31.4	34	32
0.5 to 1.3	1	1	31.5 to 32.3	35	33
1.4 to 2.2	2	2	32.4 to 33.2	36	34
2.3 to 3.1	3	3	33.3 to 34.1	37	35
3.2 to 4.1	4	4	34.2 to 35.0	38	36
4.2 to 5.0	5	5	35.1 to 35.9	39	37
5.1 to 5.9	6	6	36.0 to 36.9	40	38
6.0 to 6.8	7	7	37.0 to 37.8	41	39
6.9 to 7.7	8	8	37.9 to 38.7	42	40
7.8 to 8.6	9	9	38.8 to 39.6	43	41
8.7 to 9.5	10	10	39.7 to 40.5	44	42
9.6 to 10.4	11	10	40.6 to 41.4	45	43
10.5 to 11.3	12	11	41.5 to 42.3	46	44
11.4 to 12.3	13	12	42.4 to 43.2	47	45
12.4 to 13.2	14	13	43.3 to 44.1	48	46
13.3 to 14.1	15	14	44.2 to 45.1	49	47
14.2 to 15.0	16	15	45.2 to 46.0	50	48
15.1 to 15.9	17	16	46.1 to 46.9	51	48
16.0 to 16.8	18	17	47.0 to 47.8	52	49
16.9 to 17.7	19	18	47.9 to 48.7	53	50
17.8 to 18.6	20	19	48.8 to 49.6	54	51
18.7 to 19.5	21	20	49.7 to 50.5	55	52
19.6 to 20.5	22	21	50.6 to 51.4	56	53
20.6 to 21.4	23	22	51.5 to 52.3	57	54
21.5 to 22.3	24	23	52.4 to 53.3	58	55
22.4 to 23.2	25	24	53.4 to 54.0	59	56
23.3 to 24.1	26	25			
24.2 to 25.0	27	26			
25.1 to 25.9	28	27			

**INSTRUCTIONS**

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Playing Handicap in BLUE column

Please make sure the tees you are playing correspond with the tees this table applies to.