

Forrest Little GC

Your Golf Handicap

Part 1

I hope this presentation helps you to understand your golf Playing Handicap (PH) and how to use it to fill out a scorecard when playing COMPETITIVE golf.

World Handicap System (WHS)

- ▶ The new WHS was introduced for all golfers, male and female, in November. A “Handicap” is a system used to allow golfers of all abilities, to compete on a fair and equal basis.
- ▶ Every golfer now has a WHS HANDICAP INDEX (HI)
- ▶ You can access your HANDICAP INDEX (HI) by registering with Golfireland.ie
- ▶ You will need your Membership Number (Forrest Little) and will need to create a password.



GOLF COURSE RATING

All golf courses, world-wide, are now rated according to the difficulty of the course.

For your HANDICAP INDEX (HI) to be effective across different courses, it must be converted into a COURSE HANDICAP (CH) to decide on the number of extra shots you will get on the course you are playing.



COURSE HANDICAP (CH) TABLE

- ▶ Once you have your HANDICAP INDEX (HI) (from Golf Ireland), you then need to convert this to a COURSE HANDICAP (CH) using a table, which you will find in the Ladies Locker Room in all clubs. This HANDICAP INDEX (HI) will change slightly regularly, so it's important to check before you play.
- ▶ See COURSE HANDICAP (CH) TABLE on next slide.



COURSE HANDICAP (CH)

[Link to
scorecard](#)

WORLD HANDICAP SYSTEM RSA USGA		COURSE HANDICAP TABLE <i>Forrest Little Golf Club</i>		GOLF IRELAND	
Course Rating 73.9		Women's Red (from 7 Nov 2020)		Par 73 Slope 131	
Handicap Index	Course Handicap	Handicap Index	Course Handicap		
+5.0 to +4.8	+6	22.9 to 23.7		27	
+4.7 to +3.9	+5	23.8 to 24.5		28	
+3.8 to +3.1	+4	24.6 to 25.4		29	
+3.0 to +2.2	+3	25.5 to 26.3		30	
+2.1 to +1.3	+2	26.4 to 27.1		31	
+1.2 to +0.5	+1	27.2 to 28.0		32	
+0.4 to 0.4	0	28.1 to 28.8		33	
0.5 to 1.2	1	28.9 to 29.7		34	
1.3 to 2.1	2	29.8 to 30.6		35	
2.2 to 3.0	3	30.7 to 31.4		36	
3.1 to 3.8	4	31.5 to 32.3		37	
3.9 to 4.7	5	32.4 to 33.2		38	
4.8 to 5.6	6	33.3 to 34.0		39	
5.7 to 6.4	7	34.1 to 34.9		40	
6.5 to 7.3	8	35.0 to 35.7		41	
7.4 to 8.1	9	35.8 to 36.6		42	
8.2 to 9.0	10	36.7 to 37.5		43	
9.1 to 9.9	11	37.6 to 38.3		44	
10.0 to 10.7	12	38.4 to 39.2		45	
10.8 to 11.6	13	39.3 to 40.1		46	
11.7 to 12.5	14	40.2 to 40.9		47	
12.6 to 13.3	15	41.0 to 41.8		48	
13.4 to 14.2	16	41.9 to 42.6		49	
14.3 to 15.0	17	42.7 to 43.5		50	
15.1 to 15.9	18	43.6 to 44.4		51	
16.0 to 16.8	19	44.5 to 45.2		52	
16.9 to 17.6	20	45.3 to 46.1		53	
17.7 to 18.5	21	46.2 to 47.0		54	
18.6 to 19.4	22	47.1 to 47.8		55	
19.5 to 20.2	23	47.9 to 48.7		56	
20.3 to 21.1	24	48.8 to 49.5		57	
21.2 to 21.9	25	49.6 to 50.4		58	
22.0 to 22.8	26	50.5 to 51.3		59	

INSTRUCTIONS
Find the range containing your Handicap Index in the left column.
Play with the Playing Handicap in the right column which correspond with that range.
Please make sure the tees you are playing correspond with the tees this table applies to.
Note: These playing handicaps have been calculated using a 100% handicap allowance.



INSTRUCTIONS

COURSE HANDICAP (CH) TABLE

FORREST LITTLE GOLF CLUB

- ▶ 1. Find the range containing your HANDICAP INDEX (HI) in the left column eg 41.9 - 42.6
- ▶ 2. Cross to the corresponding column.....

COURSE HANDICAP (CH)= 49

- ▶ 3. Ladies always play from the RED TEES (note title of chart “Women’s Red April 2020”)

PLAYING HANDICAP (PH)



- ▶ Now to complicate things even more, you are only allowed 95% of this 49 to play in a SINGLES competition. No idea why!!
- ▶ Therefore this final term **PLAYING HANDICAP (PH)** will be 95% of 49 = 46.55 (rounded up to 47)
- ▶ You will need to work this out yourself...use the Calculator on your phone.
- ▶ This is the number of extra shots you are allowed for each round of **COMPETITIVE** golf. You do not need to worry about any of this when just out for a game with friends!

PART TWO

▶ HOW TO FILL OUT THE SCORECARD USING MY **PLAYING HANDICAP(PH)**



PLAYING A ROUND OF COMPETITIVE GOLF USING A SCORECARD



Forrest Little is a Fred Hawtree designed course. Between 1945 and 1980 Fred Hawtree also designed 80 courses over four continents and his most notable designs include Hillside GC and Royal Bredon GC in England, St Norm de la Breteche GC outside Paris and Johannesburg Country Club in South Africa.





Names

Player A: _____ Handicap _____ Spikes Received _____ GUR / ILGU No. _____

Player B: _____ Date: _____ / _____ / _____

Player C: _____ PH: _____

Player D: _____ Competition: _____

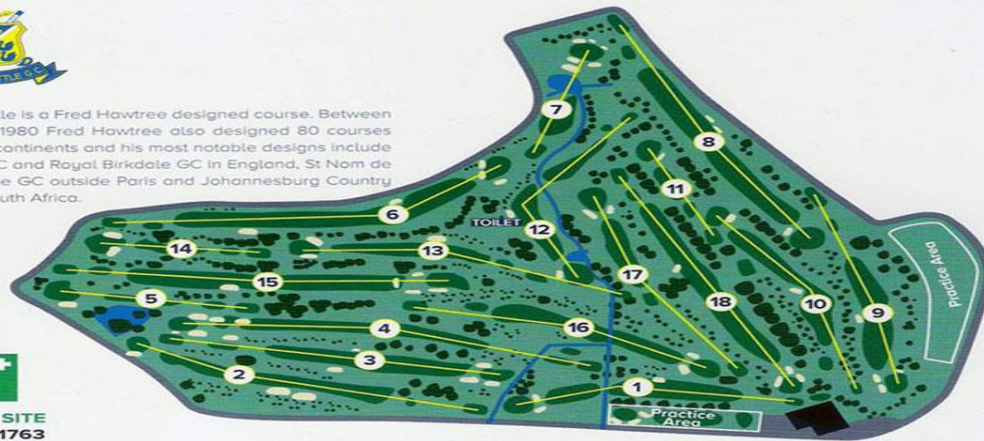
Hole	MEN			Par	Index	SCORE				Points + - 0	LADIES		
	Metres Blue	Metres Yellow	Metres White			A	B	C	D		Metres Red	Par	Index
1	309	300	292	4	9						289	4	5
2	409	387	305	4	3						302	4	6
3	367	353	339	4	5						334	4	2
4	447	425	406	5	17						359	5	17
5	171	158	155	3	7						152	3	11
6	455	445	442	5	11						440	5	4
7	144	123	117	3	15						97	3	15
8	399	385	334	4	1						380	5	13
9	334	316	299	4	13						291	4	10
OUT	3035	2892	2689	36							2644	37	OUT
10	347	334	329	4	8						328	4	3
11	159	140	133	3	16						130	3	16
12	308	299	247	4	6						241	4	12
13	351	331	317	4	14						231	4	18
14	176	163	159	3	10						155	3	9
15	446	434	426	5	18						422	5	8
16	349	334	328	4	4						325	4	1
17	322	307	292	4	12						289	4	7
18	408	394	354	4	2						388	5	14
IN	2866	2736	2585	35							2510	36	IN
TOTAL	5901	5628	5274	71							5154	73	
S.S.S	72	71	68								74		

RESULT	GROSS	HICAP	NET	STABLEFORD POINTS	COMPETITOR
STROKES					
PAR	WIN	LOSS	RESULT		MARKER

[Link to scorecard](#)



Forrest Little is a Fred Hawtree designed course. Between 1945 and 1980 Fred Hawtree also designed 80 courses over four continents and his most notable designs include Hillside GC and Royal Birkdale GC in England, St Nom de la Breteche GC outside Paris and Johannesburg Country Club in South Africa.



AED ON SITE
(01) 8401763

Names

Player A:
 Player B:
 Player C:
 Player D:

Handicap	Strokes Received

GUI / ILGU No.

Date: / /

Ph:

Competition:

Hole	MEN					SCORE				Points + - 0	LADIES		
	Metres Blue	Metres Yellow	Metres White	Par	Index	A	B	C	D		Metres Red	Par	Index
1	309	300	292	4	9						289	4	5
2	409	387	305	4	3						302	4	6
3	367	353	339	4	5						334	4	2
4	447	425	406	5	17						359	5	17
5	171	158	155	3	7						152	3	11
6	455	445	442	5	11						440	5	4
7	144	123	117	3	15						97	3	15
8	399	385	334	4	1						380	5	13
9	334	316	299	4	13						291	4	10
OUT	3035	2892	2689	36							2644	37	OUT

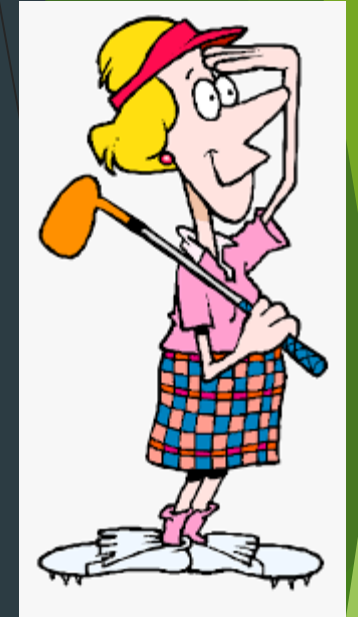
10	347	334	329	4	8						328	4	3
11	159	140	133	3	16						130	3	16
12	308	299	247	4	6						241	4	12
13	351	331	317	4	14						231	4	18
14	176	163	159	3	10						156	3	9
15	446	434	426	5	18						422	5	8
16	349	334	328	4	4						325	4	1
17	322	307	292	4	12						289	4	7
18	408	394	354	4	2						388	5	14
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RESULT	GROSS	H/CAP	NET	STABLEFORD POINTS	COMPETITOR
STROKES					MARKER
	WIN	LOSS	RESULT		
PAR					



The 18 holes on a course are 'graded' according to difficulty from 1 - 18. See INDEX column (far right)

- ▶ This grading is different for Ladies and Men.
- ▶ Ladies always play off the RED TEES so use the right side of the scorecard.
- ▶ Please see SCORECARD on the Forrest Little website.
- ▶ The hardest hole on the course for Ladies is INDEX 1 = HOLE 16.
- ▶ The easiest hole on the course for Ladies is INDEX 18 = HOLE 13



HOW TO USE MY PLAYING HANDICAP (PH) WHEN FILLING IN THE SCORECARD

Remember...

HANDICAP INDEX (HI) converts to.....

COURSE HANDICAP (CH) using table in locker room.

Then calculate 95% of this figure to get your
PLAYING HANDICAP (PH)

- ▶ See top of SCORECARD

Player A _____ (fill your name here)

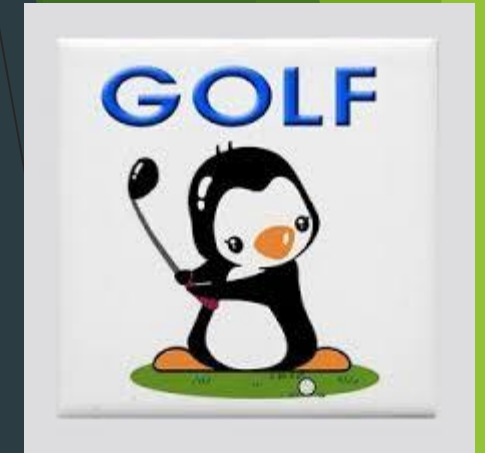
- ▶ Only one person's score is filled in on each card unless it's a team competition...another lesson!!
- ▶ Let's use an example..HANDICAP INDEX 41.9 - 42.6
- ▶ Converts, using table to 49.
- ▶ 95% of 49 is 46.55 =47..**All three, HI, CH and PH should be on card.**

HANDICAP (COURSE HANDICAP)	STROKES RECEIVED (PLAYING HANDICAP)
42.4	(HI)
49	(CH)
47	(PH)

[Link to
scorecard](#)

OTHER ESSENTIALS DETAILS ON CARD

- ▶ You should add your Golf Membership Number of 8 digits
- ▶ The current date is also essential.
- ▶ You never fill in your own card, but swap with your playing partners. Keep your own score down left column of card you are marking ie your partner's card.
- ▶ Once scorecard is complete, record FINAL SCORE.
- ▶ The MARKER and PLAYER must sign the completed card.
- ▶ Failure to put NAME, CH, and SIGNATURES will disqualify you from the competition, so it is essential to get into the habit of filling card correctly.



NOW LET'S LOOK AT THE **INDEX** OF EACH HOLE...(the level of difficulty)

Hole Number	Index (level of difficulty)	Par	How many extra shots do I have?
1	5	4	
2	6	4	
3	2	4	
4	17	5	
5	11	3	
6	4	5	
7	15	3	
8	13	5	
9	10	4	

Hole	Index (level of difficulty)	PAR	How many extra shot do I have?
10	3	4	
11	16	3	
12	12	4	
13	18	4	
14	9	3	
15	8	5	
16	1	4	
17	7	4	
18	14	5	

HOW TO WORK OUT HOW MANY EXTRA SHOTS YOU HAVE PER HOLE

- ▶ 1 There are 18 holes on the course.
- ▶ 2. The **PAR** of the hole is the number of shots you would expect to make if you were playing off **SCRATCH** ie had **NO EXTRA SHOTS** and are **BRILLIANT!!**
- ▶ 3. Us mere mortals, get extra shots per hole to help us compete fairly!

[Link to scorecard](#)

SOME EXAMPLES.....

- ▶ Here are some examples...
- ▶ **PH of 18** would get ONE EXTRA SHOT per hole.....eg. on Hole 1 (Par 4), if you get the ball in the hole in 5 shots, you have a PAR for you!
- ▶ Eg. On Hole 7 (Par 3) if you get the ball in the hole in 4 shots, you have a PAR for you and so on, for all 18 holes on the course!
- ▶ **PH of 36 (18 holes x 2)**
- ▶ **PH of 36** would get TWO EXTRA SHOTS per hole.... Eg on Hole 4 (Par 5), if you get the ball in 7 shots, this is a PAR for you.
- ▶ $18 \times 3 = 54$...therefore a **PH of 54 gives you THREE EXTRA SHOTS** per hole to have a PAR for you.

To work out how many extra shots you will get from your Playing Handicap (PH)

- ▶ Eg **Playing Handicap (PH) 45**
- ▶ 45 minus 36 (give 2 shots extra per hole) + 9 more
- ▶ Therefore, you get 2 shots on all 18 holes and one more shot on holes Index 1 to 9 (level of difficulty)

Let's look at a card, Playing Handicap (PH) 45
remember, 2 shots per hole and another shot on INDEX 1-9

Hole Number	Index (level of difficulty)	Par	How many extra shots do I have?
1	5	4	3
2	6	4	3
3	2	4	3
4	17	5	2
5	11	3	2
6	4	5	3
7	15	3	2
8	13	5	2
9	10	4	2

HOLE	INDEX	PAR	How many extra shots?
10	3	4	3
11	16	3	2
12	12	4	2
13	18	4	2
14	9	3	3
15	8	5	3
16	1	4	3
17	7	4	3
18	14	5	2

Some other PLAYING HANDICAPS (PH)

- ▶ **Playing Handicap (PH) 49**
- ▶ 49 minus 36 (2 shots per hole) + 13 (1 more shot on INDEX 1-13)
- ▶ **Playing Handicap (PH) 52**
- ▶ 52 minus 36 (2 shots per hole) + 16 (1 more shot on INDEX 1 - 16)
- ▶ **Playing Handicap (PH) 60**
- ▶ 60 minus 54 (3 shots per hole) + 6 (1 more shot on INDEX 1-6)

STABLEFORD POINTS

Stableford is a **scoring system** in golf which, rather than counting the total number of strokes taken, involves **scoring points** based on the number of strokes taken at each hole. The objective in **Stableford**, therefore, is to have the highest score



PAR = 2 PTS

1 OVER PAR = 1 PT

2 OVER PAR = 0 PT

- ▶ Remember, these PARS are based on your PH (Playing Handicap) SHOT ALLOWANCE.

PAR = 2 PTS

1 BELOW PAR = 3 PTS (BIRDIE!)

2 BELOW PAR = 4 PTS (EAGLE!)

Now let's fill in a card based on Playing Handicap of 45 (3 shots on Index 1-9 and 2 shots on all other holes)

Name	Handicap	Strokes Received
Mary Murphy	40.4	Handicap Index
	47	Course Handicap
	<u>45</u>	Playing Handicap

HERE'S MARY'S SCORECARD.....



Names: _____

Player A: _____

Player B: _____

Player C: _____

Player D: _____

Handicap: _____

Strokes Received: _____

GUI / ILGU No. _____

Date: ____ / ____ / ____

Ph: _____

Competition: _____

Hole	MEN					SCORE				LADIES			
	Metres Blue	Metres Yellow	Metres White	Par	Index	A	B	C	D	Points 1-9	Metres Red	Par	Index
1	309	300	292	4	9						289	4	5
2	409	387	305	4	3						302	4	6
3	367	353	339	4	5						334	4	2
4	447	425	406	5	17						359	5	17
5	171	158	155	3	7						152	3	11
6	455	445	442	5	11						440	5	4
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17	322	307	292	4	12						289	4	7
18	408	394	354	4	2						388	5	14
IN	2866	2736	2585	35							2510	36	IN
TOTAL	5901	5628	5274	71							5154	73	
S.S.S	72	71	68								74		

RESULT	GROSS	HICAP	NET	STABLEFORD POINTS	COMPETITOR
STROKES	WIN	LOSS	RESULT		MARKER
PAR					

Mary's playing off PH 45...3 shots INDEX 1-9 (X)

2 shots on all other holes

HOLE	A	B	C	D	Points	Metres	PAR	INDEX
1	7				2		4	5 X
2	8				1		4	6 X
3	6				2		4	2 X
4	8				1		5	17
5	5				2		3	11
6	9				0		5	4 X
7	6				1		3	15
8	8				1		5	13
9	5				3		4	10
				total	13			
10	7				2		4	3 X
11	6				1		3	16
12	7				1		4	12
13	8				0		4	18
14	5				3		3	9 X
15	8				2		5	8 X
16	9				0		4	1 X
17	7				2		4	7 X
18	9				0		5	14
				Total	24 pts			

Sheena Connolly PH 51

51 minus 36 (2 shots per hole) = 15 (3 shots on INDEX 1-15)

This time, it's easier to mark the holes with only 2 shots (X)

HOLE	A	B	C	D	Points	Metres	PAR	INDEX
1	7				2		4	5
2	8				1		4	6
3	6				3		4	2
4	8				1		5	17 X
5	5				3		3	11
6	9				1		5	4
7	6				2		3	15
8	8				2		5	13
9	6				3		4	10
				total	18			
10	7				2		4	3
11	6				1		3	16 X
12	7				2		4	12
13	8				0		4	18 X
14	5				3		3	9
15	8				2		5	8
16	9				0		4	1
17	7				2		4	7
18	9				1		5	14
				Total	31 pts			

Finally, a few reminders.....

- ▶ 1. It's your responsibility to check your **Handicap Index** on Golf Ireland regularly. Check this against **Course Handicap** using Table in Locker Room. Now get 95% of this to play SINGLES golf...**Playing Handicap**
- ▶ 2. Enter competition by checking into Proshop before play. You should get printed label with all Handicap details. If not, you **MUST** fill in your own.
- ▶ 2. Fill in **ALL NECESSARY DETAILS** on your Scorecard before playing. Swap cards with your partner.
- ▶ 3. Keep a record of your own score down left hand side of partner's card.
- ▶ 4. Fill in partner's score correctly, shots and Stableford points.
- ▶ 5. At end of game, **check scores, agree and then both MARKER and PLAYER must sign card.**
- ▶ 6 Enter card **in computer in LADIES LOCKER ROOM.**

I hope you have found this presentation useful.....

- ▶ It may sound a bit daunting at the moment...but you will get used to doing all of this as you play.
- ▶ It might be useful to even fill in a card when you are playing CASUAL golf so that you can get any advice you may need and become proficient at filling out card.
- ▶ It is really helpful for the Competition's Committee if cards are filled out correctly before going into computer. They have a difficult job and we like to help out as much as possible.
- ▶ We wish you a happy and fun-filled golf season in Forrest Little and remember, we are a friendly bunch and will help out anytime!
- ▶ HAPPY GOLFING!

